

StudrAbroadUK

MADE IN ENGLAND

Volunteer: Programmes



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Volunteering for People

Children

"Never a moment to stand still you will be on the go all the time"

Feel the excitement of children learning and experiencing something new. Whether it be a new game, a funny story or a sport or craft. Feel proud that you are helping to support the adults of our future.

- Schools & colleges
- Camps & residential
- Hospitals and clinics
- Nursery and Pre-school



Health and Social Care

"It takes a special person like to help a person like me"

Health and social care is a mixed ongoing environment. People need services 365 days and night a year. From the hectic emergency rooms to the tranquil convalescent homes. There is a good choice. Work at your own pace. If you are a good listener, love to chat this is for you. Fetching and carrying you might even walk your legs off.

- Hospitals
- Convalescence
- Residential homes for mentally ill
- Clinics



Homelessness

"Until you have been there you will never know what it's like to live in a box"

It takes time to build up a trust and learn about circumstances. You have to accept to some it is a way of life and change is never an option. To others they have no idea how they ended up on the street and need to find stability. Your intervention could save a life! Providing hot soup and a blanket on a cold and frosty evening or being able to book a health appointment. However you become involved you are needed.

- On the streets
- Drop in centre
- Mental Health



Volunteering for People

Youth

"The youth of today are the leaders of tomorrow"

The way we nurture and role model our youngster's impacts on life. Working with young people is special because you can inspire them on to something new, shine a light into their dark and support their goals and dreams. Some young people lack basic social skills, working with them helps them and helps their outlook

- Young Offenders
- Children's home
- Teenage mums home
- Youth centres and clubs



Older People

"It always a pleasure sit having a cup of tea and listen to a tale"

You might be the only person to visit, the only visitor interested in them, the one who makes them smile when you walk into the room. We all have to grow old one day and nothing is worse than being lonely. Taking time out to listen to stories, bring them news about the outside world, help them post a letter or get new glasses. The tiniest thing will brighten a day

- Care Homes
- Day Centres
- Meals on Wheels





Volunteering for a Cause

Education & Literacy

"Information is everywhere it is how we use it that is the key"

Make a difference by helping to bring information to life. Pass on what you know and grow what you don't. Become a window for those eager to learn and a helping hand for those trying hard.

- Museums and libraries
- Tour guide
- Reading and writing clubs
- Schools



Domestic Violence

"Sometimes just being a friend is enough"

You cannot begin to imagine what isn't like been bullied for years. It doesn't matter whether the abuse it physical or verbal you believe you are nothing. Then one day you have the courage to walk away. With help and support you rebuild yourself and rebuild your life. You live once again.

- Safe house
- Telephone helpline
- Groups and societies
- Campaign



Disability

"One of the most rewarding volunteer projects you will ever do"

Most of us will never know what it feels like to been challenged. For those that are having the help and support of an able- bodied person is invaluable. The help you give enables this group of people to make more of their life. Maybe your escorting a day trip or just making a cup of tea. Everything counts.

- Day Centres
- Rehabilitation
- Clubs and Societies



Volunteering for a Cause

Faith Based

" If you have ever fancied ringing the bells now is your chance"

Gain a new insight to a new faith or continue with your own. Places of worship in Britain are the hub of the community and no longer do they just function as somewhere to pray. More often they are a meeting point for local groups and societies. Today a church plays a much wider role in society. People come for help and to access services.

- Churches & community halls
- Fundraising
- Outreach
- Food Bank



Knowing that you are helping to create a peaceful world and a safer planet is only a fraction of the pride that a volunteer should feel every time they lend an helping hand.

To volunteer, is to contribute your goodness and works to humanity unselfishly, without seeking any rewards.

Volunteering Outdoors

Environment and Conservation

"Don't forget your wellies and your flask"

Forget the hustle and bustle of city life, get yourself down into the countryside for a breath of fresh air. Nature never ends. Rain or shine you will be out there contributing to the upkeep of the giant reserve. You could be creating new habitats, managing what has already been set up. Whatever your day brings you will be ready to put your feet up by the end of it.



- Wild life protection
- Habitat creation
- Restoring historical sites

Animals

"If you have a passion for animals and don't mind getting your hands dirty volunteering with animals could be for you"

There are many animal charities all over the UK. Their work tends to involve, rescue, rehabilitation and re-homing. Generally, these animals feel vulnerable. They find themselves in unfamiliar circumstances and often are nervous and unsettled.
A typical day would include cleaning, feeding, walking and interacting with animals. Training is usually provided.



- Animal Rescue Centres
- Animal Sanctuaries
- Animal Homes
- Animal Shelters



Volunteering in the Workplace

Heritage

"History is the key to our past and today you make history for the future"

Bring the decayed and dilapidated back to life. Work with things! If you like to see the old become the new, you will love it here. Patience is the key nothing happens fast is the world of historic renovation and preservation. Keen eye for detail required is this fantastic trail of discovery

- Restoration projects
- Museums and societies



Politics

"It is the duty of every citizen according to his best capacities to give validity to his convictions in political affairs" - Albert Einstein

Politics is a personal affair but whether your green, red or blue there is plenty demand for your help. Perhaps you can work in the office, help run a campaign or fundraise. Wherever you wind up you can be sure it will be interesting.

- Campaigns
- Administration



Sport and Recreation

"Don't forget to pack your trainers"

Sport changes lives. It brings people together, improves aspirations and gives people who have little to do or look forward to something to go out for. Sport can also help with rehabilitation in young offenders and drug users. Sport for life. Be part of it.

- Leisure centres
- Schools
- Parks and open spaces



Art and Culture

"A creative flair and you will be in demand"

Art and culture plays a big part in Britain. Modern day Britain is a vibrant mixture of art and culture from many different countries. Come to the UK to expand your love of art and to share your own,

- Art Clubs
- Ethic women's groups
- Galleries and museums

